ISSN 2052-2525
BIOLOGY|MEDICINE

Received 8 September 2019
Accepted 20 December 2019

Edited by K. Moffat, University of Chicago, USA

Keywords: latency-associated peptide; transforming growth factor $\beta-1$; growth factors; structural biology; TGF $\beta$-1.

PDB reference: latency-associated peptide, $6 p 7 j$
SASBDB reference: wild-type human latent transforming growth factor $\beta$-1 (LTGFB-1), SASDFD2

Supporting information: this article has supporting information at www.iucrj.org


# Structural insights into conformational switching in latency-associated peptide between transforming growth factor $\beta-1$ bound and unbound states 

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Transforming growth factor $\beta-1$ (TGF $\beta-1$ ) is a secreted signalling protein that directs many cellular processes and is an attractive target for the treatment of several diseases. The primary endogenous activity regulatory mechanism for TGF $\beta-1$ is sequestration by its pro-peptide, latency-associated peptide (LAP), which sterically prohibits receptor binding by caging TGF $\beta-1$. As such, recombinant LAP is promising as a protein-based therapeutic for modulating TGF $\beta$-1 activity; however, the mechanism of binding is incompletely understood. Comparison of the crystal structure of unbound LAP (solved here to $3.5 \AA$ resolution) with that of the bound complex shows that LAP is in a more open and extended conformation when unbound to TGF $\beta-1$. Analysis suggests a mechanism of binding TGF $\beta-1$ through a large-scale conformational change that includes contraction of the inter-monomer interface and caging by the 'straightjacket' domain that may occur in partnership through a loop-to-helix transition in the core jelly-roll fold. This conformational change does not appear to include a repositioning of the integrin-binding motif as previously proposed. X-ray scattering-based modelling supports this mechanism and reveals possible orientations and ensembles in solution. Although native LAP is heavily glycosylated, solution scattering experiments show that the overall folding and flexibility of unbound LAP are not influenced by glycan modification. The combination of crystallography, solution scattering and biochemical experiments reported here provide insight into the mechanism of LAP sequestration of TGF $\beta$-1 that is of fundamental importance for therapeutic development.

## 1. Introduction

Transforming growth factor $\beta-1$ (TGF $\beta-1$ ) is a potent growthregulatory protein that has garnered much attention for its key roles in metazoan development (Wu \& Hill, 2009), cell proliferation (Bierie \& Moses, 2006) and immunity (Sanjabi et al., 2017). Owing to its ubiquity in biological processes, cells maintain a delicate balance of TGF $\beta$-1 expression and activity that, when disrupted, contributes to disease states (Janssens et al., 2003; Akhurst \& Hata, 2012). The fundamental mechanism of activity regulation is through co-secretion with its prodomain, latency-associated peptide (LAP). LAP is a disulfidelinked dimer that noncovalently cages TGF $\beta-1$ and blocks it from binding receptors on cell surfaces and initiating signalling pathways. This complex is known as latent TGF $\beta$-1 (LTGF $\beta-1$ ). Owing to its function in sequestering TGF $\beta-1$, LAP is a pivotal mediator between TGF $\beta$-1 signalling effects and cellular stimuli. LAP is the target of viral glycoside hydrolases (Carlson et al., 2010), proteases (Sato \& Rifkin, 1989) and cell-adhesion proteins (Dong et al., 2017; Ribeiro et
al., 1999; Munger et al., 1998) that induce large-scale conformational changes in LAP to release TGF $\beta$-1 (McMahon et al., 1996). The dissociation of TGF $\beta-1$ from LAP is referred to as TGF $\beta$-1 activation.

Although it is known that LAP undergoes a large conformational change upon latent complex formation and dissociation, the underlying structural mechanism is incomplete. Circular-dichroism (CD) studies observed a drastic change in the secondary structure of LAP from a mixed composition in the bound state to a composition that is mainly $\beta$-sheet in the apo state (McMahon et al., 1996). A comparison of CD results with the structure of the LAP domain in the LTGF $\beta$ - 1 crystal structure suggested that binding of LAP to TGF $\beta$ - 1 induces the formation of the $\alpha 1$ helix in the N -terminal straight-jacket domain. Solution studies observed that apo LAP is highly flexible and this is most likely to be because the straight-jacket is extended and unstructured in the absence of TGF $\beta-1$ (Stachowski et al., 2019). Although biochemical studies demonstrated that the straight-jacket domain is important in assembling the latent complex and maintaining bound TGF $\beta$-1 (Walton et al., 2010), the LTGF $\beta$-1 crystal structure revealed that several residues in the fastener region, which also form an interface with TGF $\beta$-1, are essential for latent complex formation (Shi et al., 2011). Despite these observations, a cohesive sequence of conformational changes in LAP during TGF $\beta$ - 1 binding remains incomplete.

Since the straight-jacket domain also contains binding motifs for several proteases, the exhibited structural plasticity of this domain between TGF $\beta$ - 1 binding states is thought to be advantageous as a regulatory mechanism in which protein binding prohibits the reassociation of LAP with TGF $\beta-1$ following release (Schultz-Cherry et al., 1995; Ribeiro et al., 1999; Sato \& Rifkin, 1989). Similarly, although integrins (celladhesion proteins) bind LAP to release TGF $\beta-1$, biochemical studies observed that integrins exhibited increased binding to apo LAP compared with LAP complexed with TGF $\beta-1$. This was hypothesized to be owing to a repositioning of the integrin-binding RGD motif in LAP between TGF $\beta$ - 1 binding states that would make it more accessible in the unbound form (Munger et al., 1998). Crystal structures of LTGF $\beta$-1 (Shi et al., 2011) and of LTGF $\beta$-1 in complex with integrin (Dong et al., 2017) support this, showing that the RGD-containing loop is highly variable and undergoes a large structural change upon integrin binding (Dong et al., 2017; Zhao et al., 2017). These studies show that conformational changes in LAP play a direct functional role in the formation and activation of the latent complex. However, an atomic structure showing the position of the RGD motif and the straight-jacket in LAP in the unbound state has remained elusive, most probably owing to extensive conformational heterogeneity and glycosylation.

The LAP dimer is heavily glycosylated with six N-linked complex-type glycans on the arm (Brunner et al., 1992), but the importance of glycosylation in LTGF $\beta-1$ is also unclear. Although first identified by Miyazono and coworkers in 1988 (Miyazono et al., 1988), how the glycans are chemically modified remains contentious (Barnes et al., 2012). For proper latent complex processing, the presence of glycosylation seems
to be necessary in only certain cell types (Brunner et al., 1992; Shi et al., 2011; Munger et al., 1998; McMahon et al., 1996). On the other hand, glycan targeting by treatment with endoglycosidase F, sialidase (Miyazono \& Heldin, 1989) or neuroaminidase (Carlson et al., 2010) can result in the release of TGF $\beta$-1 from LAP. Since glycosylation influences protein folding (Mitra et al., 2006), stability (Wang et al., 1996) and protein-protein interactions such as proteolysis (Russell et al., 2009), there is considerable pharmaceutical interest in modifying glycosylation to improve therapeutic efficacy (Walsh \& Jefferis, 2006). However, because glycosylation is thought to improve protein chemical stability through reducing conformational dynamics (Lee et al., 2015; Bager et al., 2013), determining whether glycosylation contributes to the folding of LAP is fundamental to understanding its biological activity.

Detailing the structural differences in LAP between TGF $\beta$-1 binding states is crucial for understanding how to use LAP as a tool to modulate TGF $\beta-1$ activity, where there is a large interest in the development of targeted antibodies for LAP (Gabriely et al., 2017; da Cunha et al., 2015) and treatments with recombinant LAP (Wilkinson et al., 2000; Naka-mura-Wakatsuki et al., 2012; Zhang et al., 2003; Ali et al., 2008; Böttinger et al., 1996). Here, we report the crystal structure of human LAP in the apo state at a resolution of $3.5 \AA$. The straight-jacket domain could not be resolved in the crystal structure, which supports previous reports that it is conformationally dynamic (Stachowski et al., 2019). Comparison of the apo and TGF $\beta$-1 bound LAP structures revealed that that the globular arm domains are slightly rotated with respect to one another and indicates that residues adjacent to the disulfide-linked dimer interface function as a hinge. Together, this positions LAP in a more open conformation than in the bound structure, perhaps improving accessibility for TGF $\beta-1$ binding. Morphing between bound and unbound LAP structures suggests that binding of TGF $\beta-1$ by contracting the arm domains and wrapping by the straight-jacket domain may occur in concert through a previously unidentified loop-tohelix transition in the core jelly-roll fold. This is supported by biochemical experiments showing that the formation of the helix is necessary for proper folding of LAP and TGF $\beta$-1 into the latent complex. X-ray scattering-based modelling supports this mechanism and reveals possible orientations and ensembles in solution. However, this large-scale conformational change in LAP during TGF $\beta$-1 binding does not seem to include a repositioning of the integrin-binding motif as previously thought because the loop containing the motif is similarly positioned in the apo and bound structures. Lastly, solution scattering experiments with different LAP glycoforms show that the overall folding and flexibility of unbound LAP are not influenced by glycosylation.

## 2. Materials and methods

### 2.1. Macromolecule production

The LAP domain (residues 30-278) of human LTGF $\beta$-1 (UniProtKB accession No. P01137) was expressed similarly
and purified as described previously (Stachowski et al., 2019). Briefly, a plasmid containing LTGF $\beta$-1 was obtained from Addgene. The TGF $\beta$-1 domain was removed using a single PCR reaction. The primers are shown in Supplementary Table S1. An R278A mutation was produced to prohibit endogenous proteolysis of the C -terminal $\mathrm{His}_{6} \mathrm{tag}$ and a C 4 S mutation was included to improve expression. The recombinant protein was expressed in Expi-HEK293F cells grown in suspension while shaking with Expi293 medium at $37^{\circ} \mathrm{C}$ and $8 \% \mathrm{CO}_{2}$ (Thermo Fisher). $4-6 \mathrm{~h}$ post-transfection, $5 \mu M$ kifunensine (Tocris) was added to homogenize N -linked glycosylation to the highmannose branching type and to sensitize the glycosides to subsequent enzymatic digestion. Expression continued for a total of 48-72 h before harvesting. The medium containing the secreted protein was separated from the cells by centrifugation and filtration. The clarified medium was concentrated tenfold by tangential flow filtration and diluted tenfold in Trisbuffered saline pH 8.0. The protein was purified with Ni-NTA (Marvelgent). LAP expressed in the presence of kifunensine was enzymatically deglycosylated with Endoglycosidase H (EndoH; New England Biolabs). Samples were further purified using size-exclusion chromatography (GE Healthcare) and exchanged into the crystallization buffer. Macromoleculeproduction information is summarized in Supplementary Table S1.

### 2.2. Crystallization

LAP expressed in the presence of kifunensine was initially screened for crystallization using a high-throughput micro-batch-under-oil method at the Hauptman-Woodward Institute High Throughput Crystallization Screening Center (Luft et al., 2003). Crystal hits were optimized and grown by mixing $1 \mu \mathrm{l}$ concentrated protein solution with $1 \mu \mathrm{l}$ reservoir solution at room temperature. Before cryocooling in liquid nitrogen, five rounds of increasing the PEG 400 concentration ( 2 min for each increase of $5 \%$ ) were carried out in reservoir solution that was also supplemented with $5 \%$ PEG 3350. Crystallization information is summarized in Supplementary Table S2.

### 2.3. Data collection and processing

Diffraction data were collected from a single crystal on beamline 17-ID (IMCA-CAT) at the Advanced Photon Source (APS), Argonne National Laboratory (ANL). The data were integrated with MOSFLM (Battye et al., 2011; Powell, 1999) and scaling was performed with AIMLESS (Evans \& Murshudov, 2013). Detailed statistics of the data collection and processing are shown in Table 1.

### 2.4. Structure solution and refinement

The structure was determined by molecular replacement by iteratively rebuilding the structure of inactivatable human LTGF $\beta$-1 (PDB entry 5vqp; Zhao et al., 2017) with Rosetta and improving the phase solutions with Phaser, as implemented in MR-ROSETTA (translation-function $Z$-score 15.4; DiMaio et al., 2011). The structural model was built using AutoBuild

Table 1
Data-collection and refinement statistics.
Values in parentheses are for the outermost shell.

| Data collection |  |
| :---: | :---: |
| Diffraction source | IMCA-CAT, APS, ANL |
| Detector | PILATUS 6M |
| Temperature (K) | 100 |
| Wavelength (A) | 1.0 |
| Rotation range per image ( ${ }^{\circ}$ ) | 0.25 |
| Total rotation range ( ${ }^{\circ}$ ) | 137.5 |
| Reflections (measured/unique) | 6476/3328 |
| Space group | C222 |
| $a, b, c$ ( A$)$ | 51.06, 154.9, 62.25 |
| $\alpha, \beta, \gamma\left({ }^{\circ}\right)$ | 90, 90, 90 |
| Resolution ( $\AA$ ) | 36.31-3.50 (3.63-3.50) |
| $R_{\text {p.i.m. }}$ | 0.143 (1.314) |
| $\langle I / \sigma(I)\rangle$ | 3.4 (0.91) $\dagger$ |
| $\mathrm{CC}_{1 / 2}$ | 0.948 (0.248) |
| Completeness (\%) | 99.6 (98.5) |
| Multiplicity | 1.9 (1.9) |
| Refinement |  |
| Resolution (A) | 36.31-3.50 (3.63-3.50) |
| $R_{\text {work }} / R_{\text {free }}$ | 0.288/0.321 (0.329/0.331) |
| Reflections in working set | 3169 (324) |
| Reflections in test set | 159 (12) |
| Total No. of atoms | 1298 |
| Average $B$ factor ( $\AA^{2}$ ) | 111.1 |
| R.m.s. deviations |  |
| Bond lengths ( A ) | 0.003 |
| Bond angles ( ${ }^{\circ}$ ) | 0.736 |
| Ramachandran plot |  |
| Favoured (\%) | 85.62 |
| Allowed (\%) | 14.38 |
| Outliers (\%) | 0 |
| Molecules in asymmetric unit | 1 |
| PDB code | 6p7j |

$\dagger$ The mean $I / \sigma(I)$ falls below 2.0 at $4 \AA$.
(Terwilliger et al., 2008) and manually in Coot (Emsley et al., 2010), and was refined using Phenix (Liebschner et al., 2019) and Rosetta (DiMaio et al., 2013). Validation was carried out with MolProbity (Chen et al., 2010). The coordinates were deposited as PDB entry 6p7j. Structure-refinement statistics are provided in Table 1. Alignments between apo LAP and LTGF $\beta$-1 (PDB entry 3rjr; Shi et al., 2011) were performed using the 'align' function in PyMOL (Schrödinger) and only residues modelled in the apo structure were included for comparison. Domain and secondary-structure naming conventions follow Shi et al. (2011). The inter-monomer angle was calculated using the 'angle_between_domains' tool in PyMOL (T. Holder, Schrödinger). Structural figures were prepared using PyMOL. Morph files to reveal the extent of the structural changes between PDB entries 3rjr and 6 p 7 j were generated using UCSF Chimera (Pettersen et al., 2004).

### 2.5. Assessing the role of the $\alpha 3$ helix in forming LTGF $\beta$-1

Proline mutants in LAP were assessed for their ability to properly fold the latent complex by measuring the amount of TGF $\beta$ - 1 trafficked into the extracellular matrix. Mutations were introduced into full-length LTGF $\beta-1_{\mathrm{C} 4 \mathrm{~S}}$ using the Q5 Site-Directed Mutagenesis Kit (NEB) and were confirmed by DNA sequencing. Wild-type and mutant LTGF $\beta$ - 1 were produced by transient transfection in HEK-293T cells using

Lipofectamine 2000 (Thermo Fisher). Briefly, cells were seeded at $6.0 \times 10^{5}$ cells per well in a six-well plate. After 24 h , wild-type or mutant LTGF $\beta$-1 DNA ( $4 \mu \mathrm{~g}$ ) was combined with Lipofectamine and added directly to plated cells according to the manufacturer's instructions. The cells were cultured in serum-free medium for 48 h at $37^{\circ} \mathrm{C}$ in $5 \% \mathrm{CO}_{2} .48 \mathrm{~h}$ posttransfection, the culture medium was removed and assessed for TGF $\beta-1$ by sandwich ELISA. Anti-TGF $\beta-1$ antibodycoated plates were prepared according to the manufacturer's instructions (R\&D Systems, catalogue No. DY240). To detect TGF $\beta-1$, TGF $\beta-1$ was released from LAP (activated) by incubating the supernatants with $1 N \mathrm{HCl}$ for 10 min at room temperature (Walton et al., 2010). The reaction was neutralized with 1.2 N NaOH in 0.5 M HEPES and ELISA was performed according to the manufacturer's instructions. Transfections were repeated three times, and each time the amount of TGF $\beta$-1 was measured in triplicate. The amount of DNA received by cells was assumed to be equally variable across samples and replicates. Transfections were also performed with a construct of LAP alone (no TGF $\beta$-1 domain) to ensure antibody specificity and an empty construct (mock) to ensure that the results were not influenced by endogenous TGF $\beta-1$. Also, TGF $\beta-1$ was measured before and after acid activation to ensure that the amounts observed reflected TGF $\beta$ - 1 that was trafficked in the latent complex and not independently of LAP. Values are expressed as the mean $\pm$ the standard deviation. Statistical comparisons were performed with a Student's $t$-test. A statistical difference was considered significant if $* p<0.05$ or ${ }^{*} * p<0.01$.

### 2.6. SAXS data collection

To mitigate radiation damage from radicals and solvated electrons, purified LAP protein was exchanged into PBS pH 7.4 containing $2 \%$ glycerol using a Zeba desalting column (Stachowski et al., 2019; Thermo Fisher). LAP protein was concentrated to $1.4 \mathrm{mg} \mathrm{ml}^{-1}\left(A_{280}\right)$ using a 30000 Da molecular-weight cutoff centrifugal concentration device (Amicon). After concentration, samples were diluted 1:2 using flowthrough buffer to create a concentration series. Data sets were collected on the SIBYLS beamline 12.3.1 at the Advanced Light Source synchrotron-radiation facility. Momentum-transfer values were calculated as $q=4 \pi \sin \theta / \lambda$, where $2 \theta$ is the scattering angle and $\lambda$ is the X -ray wavelength in $\AA$. Data were recorded using a PILATUS 2 M detector (Dectris). Error bars were estimated using the GNOM program from ATSAS (Svergun, 1992; Franke et al., 2017). A volume of $25 \mu \mathrm{l}$ of each sample was loaded into the sample chamber (Dyer et al., 2014). The exposure time for each frame was 0.1 s and a total of 100 frames were collected for each sample, with the sample kept in a fixed position. Scattering from buffer samples was subtracted from the corresponding protein sample to generate the SAXS scattering profiles. Datacollection parameters are summarized in Supplementary Table S4.

### 2.7. SAXS data analysis

Primary data analysis was conducted in $A T S A S$ v.2.8.3 (Franke et al., 2017). Prior to averaging, exposures were monitored for radiation damage by comparing the radius of gyration $\left(R_{\mathrm{g}}\right)$ and analysing the total scattering shape using CorMap (Franke et al., 2015). The $R_{\mathrm{g}}$ values reported were calculated from the Guinier region with ranges according to $q_{\max } \times R_{\mathrm{g}}=\sim 1.3$. Molecular weights were calculated from the volume of correlation ( $V_{\mathrm{c}}$; Rambo \& Tainer, 2013) and $D_{\text {max }}$ values were calculated from the $P(r)$ functions using GNOM in ATSAS (Svergun, 1992; Franke et al., 2017). $P(r)$ functions were normalized by the total area under the curve for clearer comparison between samples. Elongation factor (EF) ratios were calculated from the $P(r)$ functions according to Putnam (2016) using a custom Mathematica script. All data sets were truncated to $q_{\max }=0.25 \AA^{-1}$ and missing residues in highresolution structures were built with MODELLER via UCSF Chimera (Yang et al., 2012) prior to comparison with highresolution structures or rigid-body modelling. To compare the agreement between atomistic structures and SAXS data for LAP constructs, a scattering profile for the LAP domain from the LTGF $\beta$-1 crystal structure (PDB entry 3rjr; Shi et al., 2011) was generated using CRYSOL v.2.8.3 (Svergun et al., 1995). Dimensionless Kratky plots were calculated in $R A W$ (Hopkins et al., 2017). $\chi^{2}$ values from comparisons between scattering curves were calculated using DATCMP (Franke et al., 2017). The software employed for analysis is summarized in Supplementary Table S5 and experimental scattering characteristics are summarized in Supplementary Table S6.

### 2.8. Rigid-body modelling

CORAL (v.1.1; Petoukhov et al., 2012) was used to investigate the contributions of both the straight-jacket domain and the bowtie hinge conformations to the observed flexibility of apo LAP. The default settings without imposing symmetry were used for all calculations. The apo LAP (PDB entry 6 p 7 j ) crystal structure was used as the core model and the conformations of the missing residues $1-75$, which mainly compose the straight-jacket domain, were sampled by $\operatorname{CORAL}$. To simulate the disulfide bonds of the bowtie region while allowing movement between monomers, a contact condition restricting the maximum distance between $\mathrm{C}^{\alpha}$ atoms to $6 \AA$ was used for each of the two inter-monomer disulfides. Some 25 independent models were generated and clustered into conformationally related subfamilies using only the arm domains (owing to the extensive heterogeneity of the straightjacket domain) with DAMCLUST (Petoukhov et al., 2012). However, the reported $\chi^{2}$ values were calculated using the entire model. The two clusters that contained more than a single member are reported here. After superimposing a single chain from a rigid-body model onto a single chain of the bound LAP structure, the angle and translation (displacement) required to align the second pair of monomers was calculated with the 'angle_between_domains' tool in $P y M O L$ (T. Holder, Schrödinger). The values from this procedure
represent the total difference in rotation and displacement between the dimers.

### 2.9. Ensemble optimization

The Ensemble Optimization Method (EOM), which determines an ensemble of structures that best explain the experimental SAXS data (v.2.2; Tria et al., 2015), was used to determine whether an ensemble of models with varying rotations between monomers and straight-jacket conformations explained the scattering data better than an ensemble of only straight-jacket conformations. This was performed by comparing an $E O M$ run with a pool of models in which the straight-jacket domain (amino acids 1-75) was built around rigid bodies of (i) three CORAL models with different intermonomer rotations ( $-26,47$ and $84^{\circ}$ ), (ii) the apo LAP crystal structure $\left(15^{\circ}\right)$ and (iii) the bound LAP crystal structure $\left(0^{\circ}\right)$ (five core components in total) with an $E O M$ run with a pool of models built only around the apo LAP crystal structure (one core component). Using this approach, pools containing 10000 models for each component were generated in RANCH (part of $E O M$ ) with $P 2$ symmetry, in which the straight-jacket domain was rebuilt in random conformations. The theoretical scattering of the resulting pool was calculated using CRYSOL. A genetic algorithm (GAJOE , from EOM) was used to select an ensemble of conformations from the random pool that best explained the SAXS data and was repeated 100 times, with the
ensemble with the lowest discrepancy considered for analyses. This genetic algorithm protocol was repeated three times for each pool and averaged.

## 3. Results

### 3.1. Overall structure and comparison of the LAP crystal structure in TGF-1 bound and unbound conformations

The structure of unbound (apo) LAP was determined to a resolution of $3.5 \AA$ by X-ray crystallography to understand the conformational changes that occur in LAP during TGF $\beta-1$ binding [PDB entry 6p7j; Fig. 1(a)]. The protein crystallized in space group C222 and there is one monomer in the asymmetric unit. Electron density allowed residues 106-126, 129241 and 244-268 (159 in total) to be modelled, representing most of the protein, with the exception of the straight-jacket domain (residues 30-74) [Fig. 1(b)]. The core architecture of LAP is composed of a jelly-roll $\beta$-sandwich fold [two antiparallel, four-stranded $\beta$-sheets; Fig. 1(c)]. Two adjacent asymmetric units form two inter-chain disulfide bonds (bowtie) to assemble the biological dimer (Fig. 2). Electron density is missing or weak for the N-terminal straight-jacket domain that binds and cages TGF $\beta-1$ in the latent complex [Fig. 2(a)]. This domain is composed of the $\alpha 1$ helix and latency lasso that have been shown in solution studies to be extended and flexible when unbound to TGF $\beta$-1 (Stachowski


Figure 1
The architecture of the apo LAP crystal structure. (a) The asymmetric unit of the crystal structure of apo LAP shown as a cartoon model. Naming conventions follow those of Shi et al. (2011). Nonterminal missing regions are indicated by dashed lines. (b) A schematic of the LTGF $\beta$-1 gene and the residues included in crystallization and model building. (b) A schematic showing the jelly-roll fold. The $\alpha 3$ helix connecting $\beta$-strands 2 and 3 is highlighted in yellow.
et al., 2019). The solvent content is $45 \%$ (Matthews, 1968) and because the LAP dimer forms a ring-like shape there is space to accommodate movement of this region within the lattice and avoid stabilization by crystal packing [Figs. 2(b) and 2(c)].

The crystallization buffers for apo LAP and LTGF $\beta$-1 (Shi et al., 2011) contained similar amounts of PEG 3350, with
sodium as the salt cation, and had pH values (4.6 and 5.6, respectively) far from the $\mathrm{p} K_{\mathrm{a}}$ values of the residues and the isoelectric point of the protein ( pI 8.15 ). These structures were also solved to comparable resolutions ( 3.5 and $3.05 \AA$, respectively). The human and pig (from the bound structure) LAP domains share $92 \%$ amino-acid sequence identity


Figure 2
Crystal packing reveals space for the highly dynamic straight-jacket domain. (a) Overall structure of the biological dimer. Red ovals represent TGF $\beta$ - 1 and grey rectangles indicate N -terminal elements that are missing in the apo structure. These regions are positioned to approximate the binding position in the latent complex. The bowtie contains two disulfide bonds that connect the biological dimer. RGD (Arg-Gly-Asp) indicates the integrin-binding motif. ( $b, c$ ) Representative crystal-packing diagrams at orientations of $90^{\circ}$ relative to one another. For clarity, one dimer is shown in blue.


Figure 3
Comparison of apo LAP and TGF $\beta$-1 bound (LTGF $\beta$-1) structures. Only residues modelled in the apo structure were included for comparison. The apo structure reported here (blue; PDB entry 6 p 7 j ) is aligned with pig TGF $\beta$-1 bound LAP (yellow; PDB entry 3rjr; Shi et al., 2011). (a) The side view shows that the inter-monomer angle in the apo structure is $15^{\circ}$ greater than that in the bound structure. For clarity, the blob diagram approximates this movement of the arm domains. The angle measured here reflects the shift of one monomer in the bound structure relative to the same monomer in the apo structure. (b) Front orientation of the alignment. RGD indicates the integrin-binding motif. (c) A close-up view of the RGD-containing loop shows that it is similarly positioned in both structures, on the solvent-exposed shoulder of the arm domain. For clarity, the $\mathrm{C}^{\alpha}$ atoms of Gly and Asp (which are modelled in both structures) from the motif are shown as spheres.
(Supplementary Fig. S1). However, the structure of apo human LAP solved here is distinct from that of TGF $\beta-1$ bound LAP, with an r.m.s. deviation of $4.032 \AA$ for all $159 \mathrm{C}^{\alpha}$ atoms modelled in the apo monomer. Although the core jelly-roll fold is similar in the absence of TGF $\beta-1$, several structural differences are notable. Firstly, an alignment of the two structures reveals a $15^{\circ}$ increase in the angle between monomers in the apo LAP structure (Fig. 3). This shift was not observed in comparisons of TGF $\beta$-1 bound LAP structures (Zhao et al., 2017) and suggests that it is unique to LAP in the apo state. This means that in addition to the straight-jacket domain, LAP binding to TGF $\beta$ - 1 might also include a repositioning of the globular arm domains. This inter-monomer rotation is perhaps accomplished by the residues adjacent to the bowtie functioning as a hinge, ultimately leading to a more 'open' conformation of the LAP dimer cavity.

Finally, the transition to this more 'open' conformation appears to require concerted movements distal to the intermonomer interface and TGF $\beta$-1 binding sites. The main feature of this conformational change is the distortion of the $\alpha 3$ helix in the apo structure that resides on the arm shoulder [Fig. 4(a)]. The density to support main-chain tracing of this region as a loop is well defined [Fig. 4(b)]. There is complete conservation of this region between the pig and human forms, and the region is predicted to be disordered based on the sequence (Supplementary Fig. S1). The importance of the $\alpha 3$ helix in TGF $\beta-1$ binding is supported by experiments measuring the levels of secreted TGF $\beta$-1 with LAP mutants. Normally, TGF $\beta-1$ is dependent on LAP for secretion from cells. To test for latent complex formation, residues in the $\alpha 3$ helix region were mutated to prolines, which prevent the formation of helices (Schulman \& Kim, 1996). The supernatant from transfected HEK293T cells was assayed with an

ELISA using an antibody that does not recognize TGF $\beta$-1 when bound to LAP [Fig. 4(c), right]. A short incubation with HCl releases TGF $\beta-1$ (Walton et al., 2010), allowing it to be detected. LAP mutants showed reduced levels of TGF $\beta-1$ following acid activation [Fig. 4(c), left]. This indicates that lower levels of LTGF $\beta$-1 were secreted and suggests that formation of the $\alpha 3$ helix is important for binding TGF $\beta-1$ and forming the latent complex.

Previous solution studies determined that the straightjacket region of LAP is flexible and extended when unbound to TGF $\beta-1$; however, the scattering data could not be completely explained by an ensemble of flexible structures sampling conformations of the straight-jacket domain (Stachowski et al., 2019). This implies that a second structural change occurs in LAP between TGF $\beta$-1 binding states that might explain this discrepancy. This could be a rotation between LAP monomers around the bowtie region, which is suggested by a comparison of the inter-monomer angle between the apo LAP and TGF $\beta-1$ bound LAP crystal structures, but it is unclear whether this this type of conformational change occurs in solution or to what extent. Therefore, to test the contributions of both the straight-jacket domain and a possible bowtie hinge to the observed flexibility of apo LAP in solution, rigid-body modelling was performed using the deglycosylated apo LAP scattering data.

SAXS-constrained rigid-body modelling (CORAL) that allowed the sampling of (i) different conformations of the straight-jacket domain (residues 1-75) and (ii) inter-monomer rotations around the bowtie was used to generate models of apo LAP. 25 independent models were generated. Owing to the extensive conformational heterogeneity of the straightjacket domain, these models were clustered according to the similarity of the arm domains alone (DAMCLUST).


Figure 4
The $\alpha 3$ helix in the latency complex forms during TGF $\beta$-1 binding. (a) Alignment of the $\alpha 3$ helix in bound (yellow) and unbound (blue) structures. (b) The $2 F_{\mathrm{o}}-F_{\mathrm{c}}$ electron-density map of the $\alpha 3$ helix region main chain in apo LAP is shown as a black mesh and is contoured at $1.0 \sigma$. (c) Normally, TGF $\beta$ - 1 is only secreted when bound to LAP. To test for the role of the $\alpha 3$ helix in TGF $\beta-1$ binding, HEK293T cells were transfected with proline mutants. After 48 h , the cell-culture supernatant was assayed with an anti-TGF $\beta$ - 1 antibody, which only recognizes TGF $\beta$ - 1 when released from LAP. Acid-activated proline mutants formed the LTGF $\beta-1$ complex at much lower levels than wild-type LTGF $\beta$-1. ${ }^{*} p<0.05$ and ${ }^{* *} p<0.01$ ( $t$-test).

Clustering analysis yielded two subfamilies with more than one model and is reported in Fig. 5 and Supplementary Fig. S3. The first cluster is the most populated, with 17 of the 25 models, and the second cluster contains two of the 25 models. The remaining six of the 25 models were clustered individually and therefore can be considered to be outliers (Supplementary Fig. S3). However, all 25 models exhibited inter-monomer rotation. The models in the first cluster contain inter-monomer angles that range from -8 to $-39^{\circ}$ and are displaced by approximately $3-10$ A [Fig. 5(a) and Supplementary Fig. S3]. The two models in the second cluster are more extended regarding the inter-monomer angle ( 46.3 and $45.5^{\circ}$ ) and displacement ( 16.1 and $12.1 \AA$ ) compared with the bound LAP structure and the models in cluster 1 [Fig. 5(c) and Supplementary Fig. S3]. Comparing the experimental scat-
tering with the average theoretical scattering of the models (including the straight-jacket domain) within each cluster yielded $\chi^{2}$ values for clusters 1 and 2 of 1.78 and 2.28, respectively [Fig. 5(c)]. The $\chi^{2}$ for the average of cluster 1 (1.78) was lower than comparisons with any single CORAL model (with the lowest being 1.84; Supplementary Fig. S3). Complete models from cluster 1 are shown in Supplementary Fig. S3.

A visual inspection of an alignment of the models in cluster 1 (gradient from yellow to red) and the apo LAP structure (blue) to the bound LAP structure (black/grey) shows that the bowtie disulfide bonds are maintained and allows the simulation of a hinge [Fig. 5(a)]. Relative to the bound LAP structure, the rotation between the arm domains in cluster 1 and the apo LAP structure is in opposite directions. The


Figure 5
SAXS-based rigid-body modelling and clustering shows that most apo LAP models include a reorientation of the inter-monomer position compared with the TGF $\beta$ - 1 bound LAP crystal structure. (a) CORAL models from cluster 1 (gradient from yellow to red illustrating the magnitude of inter-monomer rotation relative to the bound LAP structure) and the apo LAP structure (blue) superimposed onto a single chain of bound LAP (grey/black). For clarity, models are shown without the straight-jacket domain [entire models are shown in Supplementary Fig. S3(b)]. (b) CORAL models from cluster 2 (red and gold) and the apo LAP structure (blue) superimposed onto a single chain of bound LAP (grey/black), indicating rotation (left) and displacement (right) relative to the bound LAP structure. (c) Comparison of the average theoretical scattering of models within each cluster with the experimental scattering data (top) with residuals (bottom).
former shows rotation leading to a more closed conformation, while the latter shows rotation leading to a more opened conformation. However, several models in the cluster have inter-monomer angles of a similar magnitude to that in the apo LAP structure (Supplementary Fig. S3). Additionally, because most models in this cluster can be superimposed onto the bound LAP reference structure with little displacement ( $<4 \AA$ ), this suggests that different inter-monomer orientations can be accessed by simply rotating perpendicular to the bowtie (Supplementary Fig. S3). This mechanism is also suggested by the apo LAP crystal structure (Fig. 3). While the average magnitude of the inter-monomer angle of cluster 2 $\left(46^{\circ}\right)$ is similar to several models in cluster 1 , the rotation in cluster 2 is accompanied by a large displacement (12-16 $\AA$; Supplementary Fig. S3). The combination of large rotation and large displacement creates a more open conformation of the dimer through both a rotation perpendicular to the bowtie (as in cluster 1 and the apo crystal structure) and a bending along the bowtie [Fig. 5(b)]. This type of orientation is not supported by the crystal lattice. The average theoretical scatterings of the models in each cluster are both in good agreement with the experimental scattering data. The fit for cluster $1\left(\chi^{2}=1.78\right)$ is slightly improved at mid and high $q$ compared with the fit for cluster $2\left(\chi^{2}=2.28\right)$ [Fig. 5(c)].

Rigid-body modelling shows that the experimental scattering data for apo LAP can be satisfied by individual models that sample conformations of both the inter-monomer angle and the straight-jacket domain (Supplementary Fig. S3). Clustering analysis shows that the majority of these models exhibit similar magnitudes of inter-monomer rotation and displacement that are in agreement with the apo LAP crystal structure, suggesting that this conformation is present in solution. However, previous work showed that apo LAP is best modelled as a mixture owing to the conformational heterogeneity of the straight-jacket domain (Stachowski et al., 2019). Therefore, to determine (i) whether models with different conformations of both the straight-jacket domain and inter-monomer rotation are preferable to models sampling only the straight-jacket domain and if so (ii) whether multiple inter-monomer rotations are occurring in solution simultaneously, we performed the Ensemble Optimization Method (EOM; Tria et al., 2015). To simulate rotation around the bowtie, 10000 random conformations of the straightjacket domain were built onto the arm domains of three CORAL models with different inter-monomer angles ( $-26,47$ and $84^{\circ}$ ), the apo LAP crystal structure $\left(15^{\circ}\right)$ and the bound LAP crystal structure $\left(0^{\circ}\right)$. These models were combined into a single pool of 50000 models (the Hinge + SJ pool) to use for the genetic algorithm, repeated three times and averaged. This was compared with a run with a pool containing only the 10000 straight-jacket conformations built around apo LAP (the SJ pool).

Including inter-monomer rotations around the bowtie with random conformations of the straight-jacket domain improved the fit of the final ensemble to the experimental scattering data from a $\chi^{2}$ of 2.04 to 1.785 [Fig. 6(a)]. A visual inspection of the curves and residuals reveals that including
the bowtie hinge yielded a slight improvement at low and high $q$ [Fig. 6(a)]. The theoretical scattering of the two ensembles are significantly different from one another (CorMap; $P<10^{-6}$; Franke et al., 2015). As expected, including the intermonomer rotation generated a wider range of conformations in the Hinge + SJ random pool than in the SJ only pool [Figs. $6(b), 6(c)$ and $6(d)$ ]. However, the radius of gyration $\left(R_{\mathrm{g}}\right)$ and maximum distance $\left(D_{\text {max }}\right)$ distributions of the Hinge + SJ and SJ only ensembles are almost indistinguishable. Both are well centred compared with their respective random pools, which is characteristic of a globular protein, and have maximum values of approximately 35 and $130 \AA$ for $R_{\mathrm{g}}$ and $D_{\text {max }}$, respectively [Figs. $6(b)$ and $6(c)$ ]. The volume distribution for the SJ only ensemble, however, is more extended than its random pool, suggesting that the protein is extended, which is not consistent with the $R_{\mathrm{g}}$ and $D_{\text {max }}$ distributions [Fig. $6(c)$ ]. Even though the volume distribution of the Hinge + SJ random pool is more extended than the SJ only pool, the distribution for the Hinge + SJ ensemble remains centred relative to the random pool, like the $R_{\mathrm{g}}$ and $D_{\text {max }}$ distributions [Fig. $6(c)$ ]. The average volume fraction of models in the selected Hinge + SJ ensembles reveals a mainly bimodal distribution of bound (closed) and highly extended intermonomer orientations [Fig. 6(b)]. The improved fit and internal consistency of the distributions suggests that the Hinge + SJ ensemble explains the experimental scattering data slightly better than the SJ only ensemble. Specifically, because replicates of the genetic algorithm consistently chose two inter-monomer orientations, one of which is a highly rotated conformation of LAP, it suggests that this type of conformation is present in solution. Together with rigid-body modelling, the solution scattering analysis agrees with the mechanism proposed by crystallographic analysis.

### 3.2. Assessing the role of glycosylation in the conformation of LAP using SAXS

Crystallographic analysis suggests that apo LAP is in a more open conformation than when bound to TGF $\beta-1$. This open conformation is accomplished through inter-monomer rotation and an extended straight-jacket domain. X-ray scatteringbased modelling supports this mechanism and suggests that similar conformations occur in solution. However, these studies used deglycosylated LAP because the impact of glycans is notoriously difficult to interpret in structural studies (Guttman et al., 2013). Importantly, glycosylation can influence protein activity by sterically limiting conformational space (Lee et al., 2015; Bager et al., 2013), which may affect the overall folding of LAP since it is heavily glycosylated (Brunner et al., 1992). The importance of physiological glycosylation on the ability of LAP to sequester TGF $\beta-1$ is undecided (Robertson \& Rifkin, 2016). Therefore, to better assess the role of glycosylation in influencing the folding and flexibility of LAP, SAXS data were collected for apo LAP in three different glycan states: (i) complex (native), (ii) highmannose and (iii) deglycosylated forms. LAP with highmannose glycans is produced by expressing the protein in the
presence of kifunensine, which is a small-molecule endoplasmic reticulum mannosidase 1 (ERM1) inhibitor. This prevents the complete processing of the glycans from highmannose to the final complex type and sensitizes the glycans to a commercially available deglycosylase, EndoH [Supplementary Fig. S2(a)] (Yu et al., 2011). Because the highmannose state is a precursor of the complex form (Doores \& Burton, 2010), comparison of the two is also advantageous for
determining whether the folding of LAP changes as the glycans are processed within the cell.

Prior to SAXS data collection, the melting temperature of LAP glycoforms was measured to determine their relative stability. Glycan modification did not affect the melting temperature of LAP and indicates that the proteins were overall folded similarly prior to X-ray exposure [Supplementary Fig. S2(b)]. Comparison of the three LAP glycoforms, as


Figure 6
Ensemble modelling suggests that apo LAP in solution consists of a mixture of compact and extended inter-monomer conformations. (a) Comparison of theoretical scattering of the ensembles of models with (yellow; Hinge + SJ) or without (red; SJ) inter-monomer rotation around the bowtie hinge and random conformations of the straight-jacket domain. (b) Volume fractions of the Hinge + SJ core models determined by the genetic algorithm $(G A J O E) .(c, d, e)$ Representations of the $D_{\max }, R_{\mathrm{g}}$ and volume distributions of the random pools and the selected ensembles, respectively. The results reported are the means of three independent runs of the genetic algorithm and error bars represent the standard deviation.
calculated with DATCMP (Franke et al., 2017), showed that the complex and high-mannose forms are in good agreement with each other $\left(\chi^{2}=2.32\right)$. However, both the complex and high-mannose forms are in poor agreement with the deglycosylated form, with $\chi^{2}$ values of 15.95 and 24.60 , respectively [Fig. 7(a)]. The residual plot for the fit between the complex and high-mannose forms show good agreement at low $q$ but a slight discrepancy at high $q$, indicating that the proteins match in size and shape but do not share some high-resolution features [Fig. 7(a)]. This is expected and is most likely to reflect that the complex and high-mannose glycans are processed to similar masses but are shaped differently owing to differences in branching and composition. Both the complex and high-mannose forms are in poor agreement with deglycosylated LAP in all $q$ ranges [Fig. 7(a)]. At low $q$ this is most likely to be owing to differences in molecular weight (determined from the volume of correlation, $V_{\mathrm{C}}$; Rambo \& Tainer, 2013), where the molecular weight of deglycosylated LAP is 59.1 kDa (the theoretical molecular weight is 58.6 kDa ) compared with 87.1 and 87.7 kDa for complex and high-mannose forms, respectively (Supplementary Table S5).

The dimensionless Kratky plot provides a semi-quantitative approach to assessing protein shape that is normalized for differences in particle mass and concentration (Durand et al., 2010). Although the discrepancies between glycosylated and

deglycosylated LAP forms at higher $q$ indicate differences in shape [Fig. 7(a)], the Kratky plot suggests that the proteins are folded similarly and exhibit the same degree of flexibility [Fig. 7(b)]. This is because all three glycan forms of LAP exhibit a more gradual intensity decay, with a plateau that is characteristic of a globular protein with partial flexibility [Fig. 7(b)].

The idea that glycosylation does not change the overall fold of LAP is further supported by analysis of the distribution of interatomic distances, $P(r)$ [Fig. $7(c)$ ]. While the maximum particle dimensions ( $D_{\max }$ ) for the complex and high-mannose forms are larger than for deglycosylated LAP (Supplementary Table S5), the elongation ratio (ER) is similar for all three glycoforms. The ER is a parameter that describes the asymmetry and noncompactness of a protein based on the $P(r)$ distribution and is calculated by taking the ratio of the area under the $P(r)$ function after the $P(r)$ maximum (i.e. the most common distance) to that before the $P(r)$ maximum (Putnam, 2016). In this way, symmetric objects such as spheres tend to have values of around 1.0 , while elongated shapes such as ellipsoids have much larger values (Putnam, 2016). The ER values for the complex (1.54), high-mannose (1.77) and deglycosylated (1.74) forms suggest that all of the glycoforms are equally asymmetric. Together, these results show that the observed flexibility and overall folding of apo LAP is not

(b)

(c)

SAXS analysis shows that the flexibility of LAP is independent of glycosylation. The LAP glycoforms analysed are complex (purple), high-mannose (yellow) and deglycosylated (blue) forms. (a) Buffer-subtracted scattering curves (top) and comparison of the scattering curves with residuals and $\chi^{2}$ values (bottom). (b) The dimensionless Kratky plots and $(c)$ distributions of interatomic distances, $P(r)$, indicate that the conformation and flexibility of apo LAP is similar in the three glycoforms.
influenced by glycosylation. Additionally, they suggest that the binding mechanism detailed here using crystallography and SAXS-based modelling of the deglycosylated form should also occur in other glycoforms.

## 4. Discussion

The TGF $\beta$ superfamily of secreted growth factor ligands is one of the largest protein families in vertebrates. It comprises over 30 types of proteins, including activins, nodals, bone morphogenic proteins (BMPs) and growth and differentiation factors (GDFs), that regulate diverse developmental and homeostatic processes (Weiss \& Attisano, 2013; Wrana, 2013). The pro-domains of the TGF $\beta$ family differ greatly in orientation and sequence similarity. Some are suggested to interconvert between 'open-arm' and 'closed-arm' conformations on binding their growth factor ligands (Hinck et al., 2016; Wang et al., 2016). For example, in contrast to the 'crossedarm' conformation adopted by LAP complexed with TGF $\beta$, it has been shown that pro-BMP-9 adopts an open-arm conformation in which the $\alpha 1$ helices are positioned away from each other. In this conformation the $\alpha 1$ helices do not contribute to growth-factor binding. However, sequence similarity suggests that pro-BMP-9 is able to form a similar 'crossed-arm' conformation to LTGF $\beta$-1 (Hinck et al., 2016; Mi et al., 2015).

While such a drastic rearrangement from closed-arm to open-arm in LAP is most likely prohibited by the essentiality of disulfide bonding for dimer formation and the $\alpha 1$ helix of the straight-jacket for TGF $\beta$-1 binding (Walton et al., 2010; Shi et al., 2011), the results reported here indicate that LAP is nonetheless structurally distinct in the apo state. This was revealed by comparing the apo LAP structure solved here with the crystal structure of LTGF $\beta-1$. Determining the crystal structure of apo LAP was challenging and was impacted by the limited resolution, low diffraction intensities and the total number of reflections (Table 1). Phase estimates using a molecular-replacement (MR) procedure of iterative rounds of model building with Rosetta and phase solution with Phaser (DiMaio et al., 2011) were critical compared with MR with the unmodified target structure (data not shown). Refining with both Rosetta and Phenix (DiMaio et al., 2013) also helped to produce a structure with a geometry that is above average relative to structures at the same resolution (data not shown). However, electron density in the apo LAP structure is missing or weak for the straight-jacket domain. This supports previous solution studies that showed that it is flexible and extended when unbound to TGF $\beta$-1 (Fig. 2) and might explain the limited resolution of the data. Importantly, the apo LAP structure includes a $15^{\circ}$ rotation between monomers that is not present in the bound LAP structure (Fig. 3). This rotation seems to occur through a hinge near the disulfide-linked bowtie that forms the dimer interface. In addition to the bowtie disulfides, several residues that contribute to the dimer interface in LTGF $\beta$-1 have been implicated in disease. Mutating these residues causes an increase in the amount of constitutively active TGF $\beta$-1 released from cells (Walton et al.,

2010; Shi et al., 2011). However, a more detailed comparison of the positions of the residues adjacent to the bowtie in the apo LAP and LTGF $\beta$ - 1 structures is prohibited from analysis here owing to the low resolution.

Crystallographic analysis suggests that the open conformation of the apo structure includes a distortion of the $\alpha 3$ helix that connects the top and bottom strands of the core jelly-roll fold (Fig. 4). This modelling is supported by circulardichroism experiments, which showed a reduction in helical content in LAP between TGF $\beta$-1 binding states (Stachowski et al., 2019; McMahon et al., 1996). The importance of this region in TGF $\beta-1$ binding states is shown in biochemical experiments, where LAP with proline mutations in the $\alpha 3$ helix region yielded significantly less secreted LTGF $\beta$-1 [Fig. 4(c)]. Jellyroll folds are composed of eight $\beta$-strands arranged into two four-stranded sheets (Richardson, 1981), and are common in viral proteins (Khayat \& Johnson, 2011) and nuclear proteins such as chaperones (Edlich-Muth et al., 2015). The loops that connect strands are important for ligand binding (Tunnicliffe et al., 2005; Huan et al., 2013; Aik et al., 2012) and proteinprotein interactions (Rudenko et al., 1999; Cheng \& Brooks, 2013; Stehle et al., 1996). As such, these loops are dynamic structural features (Huan et al., 2013) that can control conformational changes (Snyder \& Danthi, 2017; Tunnicliffe et al., 2005; Belvin et al., 2019). Morphing between apo and bound LAP structures suggests that the formation of the $\alpha 3$ helix transition might communicate TGF $\beta$-1 binding to the fastener region on the inside of the LAP dimer cavity and cause the arms to contract around TGF $\beta-1$ before finally being stabilized by the straight-jacket (Supplementary Movies S1 and S2).

While the structures of both apo LAP and TGF $\beta-1$ bound LAP (PDB entry 3rjr; Shi et al., 2011) form extensive and similar lattice contacts with the bowtie region, the inter-arm rotation is only observed in the apo structure. Moreover, this rotation is not observed when comparing the TGF $\beta$-1 bound form when unbound and bound to integrin (PDB entry 5ffo; Dong et al., 2017), where in the latter the bowtie does not contribute to lattice contacts. While it is possible that lattice contacts are responsible for the specific inter-arm orientation found in the apo LAP crystal structure, the presence of a rotation in itself suggests that the arms are flexible with respect to one another. Rotating between arm domains might serve to regulate the accessibility of the LAP dimer cavity for TGF $\beta$-1 binding, and solution scattering-based modelling supports this. However, it remains unclear whether the LAP arm domains exist in a single open conformation or as an ensemble of states in solution in the absence of TGF $\beta-1$. Rigid-body modelling showed that the experimental SAXS data could be satisfied by many individual models, all of which contained inter-monomer rotations and the majority of which exhibited a hinge-like motion as in the crystal structure (Fig. 5). However, ensemble modelling persistently yielded a bimodal mixture of bound (closed) and highly extended arm domains from a large pool of random conformations (Fig. 6). A mixture of open and closed states suggests that the LAP dimer cavity is not always equally accessible, but results from
both modelling approaches indicate that the bowtie hinge is a regulatory mechanism for TGF $\beta$-1 binding. However, these results do not explain the existence of simultaneous closed and open states with the $\alpha 3$ helix, which seems to signal the contraction of the inter-monomer cavity and that biochemical studies show is important in forming LTGF $\beta-1$.

Previous biochemical studies showed that apo LAP exhibited increased binding to integrin cell-adhesion proteins compared with the TGF $\beta$-1 bound form (Munger et al., 1998). It was hypothesized that rearrangement from the TGF $\beta-1$ bound to the unbound form included a repositioning of the RGD (Glu-Gly-Arg) motif that improved access for binding. Additionally, the conformation of the bowtie tail that contains the RGD motif is highly variable in previously reported crystal structures and undergoes a large structural change upon integrin binding (Dong et al., 2017; Zhao et al., 2017). However, comparison of the apo and TGF $\beta$-1 bound LAP structures here shows that the bowtie tail is similarly situated in both apo and bound structures, on the solvent-exposed shoulder of the arm domain (Fig. 3). Therefore, the improved access to this site by integrins might be owing to decreased steric hinderance from the increased flexibility of the straightjacket domain in the apo state. This is supported by the crystal structure of integrin-bound LTGF $\beta$-1, which revealed an interface between the integrin and the latency lasso of the straight-jacket domain in LAP (Dong et al., 2017).

The results from this study also show that glycosylation does not alter the overall folding of apo LAP in solution (Fig. 7 and Supplementary Table S5). This is because all glycoforms tested exhibited the same degree of flexibility [Fig. 7(b)] and similar distance distributions [Fig. 7(c)]. Although in this study the glycans were removed after cellular processing, these results still suggest that dimeric apo LAP can be effectively engineered for expression in simpler systems that do not support post-translational modifications, such as Escherichia coli, which could greatly increase the speed of therapeutic development (Harding \& Feldman, 2019; Du et al., 2019). Additionally, since there were no conformational differences between the highmannose and complex LAP glycoforms, this suggests that increasing or modifying the branching type of glycosylation will not alter the apo LAP conformation either, which is one approach that has been employed to prolong the circulating half-life of protein therapies and improve their overall pharmacokinetic profiles (Perlman et al., 2003; Keck et al., 2008). Although these results improve the therapeutic potential of recombinant LAP, they do not provide an answer to why deglycosylation induces the dissociation of TGF $\beta-1$ from LAP (Miyazono et al., 1992; Robertson \& Rifkin, 2016) while glycan modification does not alter the folding of LAP or its ability to bind TGF $\beta$-1 (McMahon et al., 1996). This seems to suggest that undetermined structural differences remain between apo and TGF $\beta$-1 bound LAP, where the orientation of bound LAP is susceptible to a deglycosylation-induced conformational change into the apo LAP state.

While these results reveal new spatial details regarding the TGF $\beta$-1 binding mechanism during LTGF $\beta-1$ processing and sequestration by recombinant LAP, they cannot definitively
explain the temporal sequence of conformational changes or explain whether similar rearrangements occur during TGF $\beta$-1 release from LAP and when LAP is tethered to the extracellular matrix (Liénart et al., 2018). The binding and release pathways are suggested to include different structural changes and the release pathway itself is different depending on the perturbation (Jobling et al., 2006). These problems are challenging and might not be resolvable with SAXS or crystallography alone, and the molecular weight of LAP makes it a difficult target for structural studies using NMR or cryo-EM. In summary, the combination of X-ray crystallography, SAXS and biochemical analyses has provided novel insights into the required conformational changes in LAP for TGF $\beta$ - 1 binding that can potentially aid in the development of therapeutics targeting and use of LAP to modulate the activity of TGF $\beta-1$.

The deglycosylated LAP SAXS data used for modelling are available in the supporting information. These data have been deposited in SASBDB (the Small Angle Scattering Biological Data Bank; Valentini et al., 2015) as entry SASDFD2.

## 5. Related literature

The following references are cited in the supporting information for this article: Drozdetskiy et al. (2015) and Gasteiger et al. (2005).

## Acknowledgements

The TGF $\beta$-1-bio-his plasmid was generously provided by Dr Gavin Wright (Addgene plasmids 51755 and 52185). The authors thank Dr Thomas D. Grant for his assistance in the SAXS analysis. The SAXS work was conducted at the Advanced Light Source (ALS), a national user facility operated by Lawrence Berkeley National Laboratory on behalf of the Department of Energy, Office of Basic Energy Sciences through the Integrated Diffraction Analysis Technologies (IDAT) program, supported by DOE Office of Biological and Environmental Research. Additional support comes from the National Institutes of Health project ALS-ENABLE (P30 GM124169) and a High-End Instrumentation Grant S10OD018483. This research used resources at the Industrial Macromolecular Crystallography Association Collaborative Access Team (IMCA-CAT) beamline 17-ID, supported by the companies of the Industrial Macromolecular Crystallography Association through a contract with Hauptman-Woodward Medical Research Institute.

## Funding information

This work was supported by a grant from the National Science Foundation (1231306) awarded to EHS.

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